



The Graceful Connection

JUNE 2


Grandpals 2024



Latest News from The Ranch Estates at Scottsdale Newsletter

Wear Blue Day is on Friday, June 14th, 2024. Friday of Men's Health Week has been officially named Wear Blue Day. Wear BLUE Day is celebrated by private corporations, government agencies, sports teams, and individuals to show their concern for the health and wellbeing of boys and men.

While the entire month of June emphasizes creating awareness, Wear BLUE Day particularly spreads the required message using a single color. Since the day is so easy to commemorate, several corporations, workplaces, schools, and business owners grab the opportunity to highlight men's health issues by wearing something blue. The color represents the ailments that largely affect men including testicular cancer, stroke, lung cancer, diabetes, cardiovascular

disease, prostate cancer and several other illnesses that decrease the lifespan of the male population. During this day, the hashtag #ShowUsYourBlue trends on social media platforms, bringing to light the efforts thousands of Americans are making to bring a positive change in society. Want to take part in the Wear BLUE Day this year? All you have to do is pick out you 

Grace Signature Events



Community Updates

What a great month May was! Our Grandpal program was a great success! Our Residents giving back to the community, sharing letters and spending time with the students from a local elementary school. The students came and shared the many talents they have at such a young age.

The Mother's Day Tea turned out very well. The ladies enjoyed many different pastries along with six different flavors of tea.

We are going places and doing many different things. If you enjoy getting out, make sure you sign up and join us.

BIRTHDAYS

Norman T. - 9th
Gini T. - 10th
Janet M. - 10th
Alfred "Freddy" J. - 17th

Paul M. - 19th
Joann "JoAnn" A. - 20th
Robert S. - 22nd
Cordelia P. - 26th

Jerry G. - 27th
Susan B. - 27th

E V E N T S

Things planned for this month include our guest speaker Ken Sorenson; and he will be talking about Eisenhower. We also have a presentation about Stem Cell Therapy, which will be very interesting. We have a dinner outing planned and if you'd like to go make sure to sign up. Calling all teachers of public and private schools to join us for a luncheon on the 13th. On the 14th we would love to have everyone wear BLUE in honor of Men's Health Month. There is a Father's Day Dinner on the 16th and also a special Father's Day Breakfast on the 18th at 9:30. Gary and his Vibraphone will be joining us during breakfast that morning. There will be Wine & Cheese along with Ann Sells on the 25th at 2:30 in the lobby. We have a guest speaker from the Phoenix Art Museum here on the 27th. Enjoy the month! And, remember to stay hydrated!

N E W S

We will be cruising into summer on June 20th as we celebrate the official first day of summer! We are also highlighting an important monthly observance with Men's Mental Health Awareness Month. Conversations around mental health are often stigmatized and this is even more apparent for men, leading to some negative consequences. So, this month, we want to highlight all of the ways our gentlemen can access support and resources to support their mental health and to help reduce the shame around this sensitive topic. Our other featured celebration this month is International Day of Yoga on June 21st! Yoga is an important source of exercise and supports mental and spiritual health as well. So, join in with millions around the globe to connect through movement. Don't forget to check the calendar for our other June observances: Pride Month, Great Outdoors Month, Father's Day, Juneteenth and more!

NEW RESIDENTS

Marcia Clay
Suzanne Fowler

Sophie & Chris
Evangelides

Cesar Fabros



THE RANCH ESTATES
AT SCOTTSDALE
A GRACE MGMT COMMUNITY



MEET OUR TEAM

Sheila H. - Executive Director

Jodi S. - Marketing Director

Cristina B. - Business Office Manager

Dave S. - Dining Services Director

Zenaida - Wellness Director

Arron H. - Maintenance Director

Ronda R. - Life Enrichment Director

Venessa W. - Wellness Coordinator

Benny J. - Transportation Coordinator

Rosie V. - Dining Room Supervisor

Yaritza R. - Lead Housekeeper

Bernice B. - Hospitality Champion

The Ranch Estates at Scottsdale

9160 East Desert Cove Ave, Scottsdale, AZ 85260 | (480) 767-7646