



# The Graceful Connection

APRIL 2024



## Latest News from the Ranch Estates at Scottsdale Newsletter

What is Spring?

Spring is a precise and delicate thing.

It is the touch of pink in an apricot bloom; the golden smile of a daffodil; water in an irrigation canal; the sound of a tractor in a field.

It is the way you feel when you get up in the morning; the glint of sunlight on a windowsill; the underground noise robins hear as worms work their way below the surface of a lawn.

Spring is seed going into ground; or laughter of children.

It is big, fluffy clouds coasting across the sky; raindrops making rings in a puddle.

Spring isn't something you check out on a calendar, or are alerted to by the Farmer's Almanac

It's a gentle stirring, deep inside, that insists you walk instead of waiting for a bus.

It's that fleeting moment of time, each year, when you suddenly become you.

It's when you say "Good morning" and mean it.

It's a moment of goodwill and pleasant thoughts.

It's when God speaks and you can hear him.

Sam Churchill

# Grace Signature Events



# Community Updates

It has been a fun March for all!

It was a month of foods here. We had an Irish Luncheon that everyone enjoyed with great music by some of our favorites. We got our men together for a fun luncheon just for the guys. And finally our Italian Feast for St. Joseph's day. The Chef definitely has bragging rights after this month of cooking.

A fun Easter Egg hunt sponsored by Village Medical for those that wanted to partake. The Phoenix Art Museum was here to present a virtual tour of Contemporary Art. With all of the artists in the building, this is a great way to spend some time.

We had a grief presentation titled "Recollection Road" that was very helpful to many of our residents. Hoping to have this more often for those needing it.

We have added some new Bingo games to our list of games that we are all enjoying. A little thinking along with fun. We have also welcomed a new family volunteer of one of our residents to help out with Bingo. Have a great month of April! Do something new and fun this month.

## BIRTHDAYS

Rosalie K. - 13th  
Bob G. - 14th  
Adeline G. - 16th

Bettyejane E. - 21st  
Deborah B. - 22nd  
Darlene H. - 23rd

Donna H. - 26th  
Lorraine F. - 28th  
Elizabeth R. - 29th

# E V E N T S

Happy April to you all! We are sprucing things up in this beautiful weather we have had lately. The front of our building has lots of beautiful new plants out by our monuments. Our craft class will be working on bird houses on the 1st of April. They make nice gifts or something nice for your patio. Did you know that laughter is the best medicine? We have a comedian visiting us on the 4th, so don't miss the chance for some laughter. There are three presentations this month in the media room. A new nature presentation by Larry, a Diabetes presentation by Village Medical and one on Caption Call Phones. This month we celebrate our volunteers that work very hard around our community. April 16th we have Pet Therapy with Sunny Dog from Endeavor at 1:30 in the lobby. You can see Sunny posted on all of our community boards. And for all of our Grandpals here...we have our Grandpals coming from the school to join you on April 30th from 9:00 - 11:30. If you are a Grandpal, please be ready to spend this time with them. They are excited to finally meet you! Enjoy this month and this beautiful weather.

# N E W S

April is a month of fresh starts and bright beginnings as Spring has sprung! As we soak up that early sunshine, there is so much we can do this month from getting in the garden, learning about poetry and jazz, or giving back to the community. This month we have two important Featured Celebrations - National Volunteer Month and Earth Day on April 22nd. We hope to honor the volunteers who give their time and talent to us here at the community by sharing our thanks and appreciation. Similarly, we also want to renew our Graceful Giving opportunities for our residents and families to have a chance to volunteer their time and talent to worthy community-wide causes. If you have a worthy cause to share, please see your Life Enrichment Director! Earth Day is celebrated on April 22nd and has been honored for over 50 years now to remind us to care for and conserve our planet. This year's theme is Plant vs. Plastics to bring attention to the health risks of plastic pollution to our planet and us! Learn from your Life Enrichment team about how you can observe Earth Day here in the community.

## NEW RESIDENTS

Maybeth Little Jim Meissner



THE RANCH ESTATES  
AT SCOTTSDALE  
A GRACE MGMT COMMUNITY

*Join us for Paint on Pottery  
1st Saturday monthly at 10 a.m.*



## MEET OUR TEAM

Sheila H. - Executive Director  
Cristina B. - Business Office Manager  
Dave. S. - Dining Services Director  
Zenaida C. - Wellness Director  
Arron H. - Maintenance Director  
Ronda R. - Life Enrichment Director

Venessa W. - Wellness Coordinator  
Benny J. - Transportation Coordinator  
Rosie V. - Dining Room Supervisor  
Yaritza R. - Lead Housekeeper  
Bernice B. - Hospitality Champion

**The Ranch Estates at Scottsdale**

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